Labeling Worksheets

SKULL ANTERIOR

1. Frontal

2. Nasal

3. Sphenoid

4. Temporal

5. Lacrimal

6. Ethmoid

7. Zygomatic

9. Maxilla

10. Vomer

13. Mandible

SKULL LATERAL

4. Temporal

5. Occipital

14. Mandible

18. Frontal

19. Sphenoid

21. Lacrimal

22. Nasal

23. Zygomatic

26. Maxilla

HAND DORSAL

1. Lunate

2. Pisiform

3. Triquetrium

4. Hamate

6. Metacarpals 1-5 or I-V

13. Capitate

14. Scaphoid

15. Trapezium

16. Trapezoid

ARM AND HAND DORSAL

Rt Hand

5. Ulna

8. Pisiform

11. 5th Proximal Phalanx

12. 5th Middle Phalanx

13. 5th Distal Phalanx

14. Humerus

21. Radius

23. Metacarpals 1-5 or I-V

24. 1st Proximal phalanx

25. 1st Distal phalanx

ARM AND HAND PALMER

 Rt Hand

1. Scaphoid

3. Trapezium

5. Trapezoid

8. 1st Proximal Phalanx

9. 1st Distal Phalanx

10. 2nd Proximal phalanx

11. 2nd Middle phalanx

12. 2nd Distal Phalanx

13. Capitate

14. Lunate

15. Triquetrum

16. Pisiform

17. Hamate

20. Metacarpals 1-5 or I-V

FOOT DORSAL

Rt Foot

1. Cuboid

2. Metatarsals 1-5 or I-V

4. 5th Proximal phalanx

6. 5th Middle phalanx

8. 5th Distal phalanx

10. Talus

11. Navicular

12. Medial Cuniform or 1st cuniform

13. Intermediate Cuniform or 2nd cuniform

14. Lateral Cuniform or 3rd cuniform

18. 1st Proximal phalanx

21. 1st Distal phalanx

LEG ANTERIOR AND FOOT DORSAL

Rt foot

1. Femur

6. Fibula

8. Calcaneus

9. Cuboid

11. 5th Proximal Phalanx of the toe

12. 5th Middle Phalanx of the toe

13. 5th Distal Phalanx of the toe

16. Tibia

20. Talus

21. Navicular

22. Medial Cuniform or 1st cuniform

23. Intermediate Cuniform or 2nd cuniform

24. Distal Cuniform or 3rd cuniform

25. Metatarsal 1-5 or I-V

26. 1st Proximal Phalanx

27. 1st Distal Phalanx

FOOT PLANTAR

Rt foot

1. Talus

2. Navicular

3. Lateral Cuniform or 3rd Cuniform

4. Intermediate Cuniform or 2nd Cuniform

5. Medial Cuniform or 1st Cuniform

9. 1st Proximal Phalanx

11. 1st Distal Phalanx

13. Calcaneus

14. Cuboid

15. Metatarsal 1-5 or I-V

17. 5th Proximal Phalanx

19. 5th Middle Phalanx

21. 5th Distal Phalanx

LEG POSTIOR AND FOOT PLANTAR Rt.

1. Femur

5. Tibia

6. Calcaneus

9. Talus

10. Navicular

11. Lateral or 3rd Cuniform

12. Intermediate or 2nd Cuniform

13. Medial or 1st Cuniform

14. Metatarsal 1-5 or I-V

15. 1st Proximal Phalanx

16. 1st Distal Phalanx

21. Fibula

24. Cuboid

26. 5th Proximal Phalanx

27. 5th Middle Phalanx

28. 5th Distal Phalanx